



## Principal's Pen

Living without technology, even briefly, challenges us to be present. As students, you are growing up in an era where technology is a powerful tool for learning and innovation. But it's equally important to cultivate balance. Unplugging doesn't mean abandoning technology rather mastering it by choosing when to use it and when not. It's about reclaiming time to think, dream and grow without the constant hum of digital noise. Let's embrace the challenge of unplugging; rediscover the richness of life beyond it. After all, the most powerful connections we make are not with devices, but with each other and the world we share.

Yours in learning,  
Rajiv Andrew Sah  
Principal

## Colians' Pen

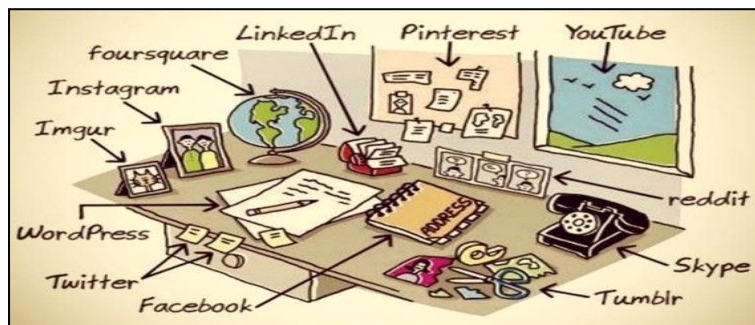
### UNPLUGGED: Life Without Tech

What happens when we turn off our phones, laptops, and TVs? At first, it feels strange. But slowly, we notice the world around us—the sounds, the people, the moments we usually miss.

We're always connected online, but that doesn't always mean we're connected in real life. Too much screen time can make us tired, distracted, and even lonely. Taking a break from technology helps us to rest, think clearly, and enjoy real things—like reading, drawing, playing or just talking to family and friends.

Try spending a few hours without screen. You might feel bored at first—but then you'll feel free.

*Sometimes, the best connection is no connection at all.*



K.R Pranav- X

## Poem

### Life

The topic is all about life,  
About the person's mindset, dead  
or alive.

Someone is talking about sad-  
ness, Some always smiles.

Life is the same for everyone,

Only their path divides.

Twists and turns are always  
there, When the success is above  
the air.

Even your success is not there,  
Just believe in yourself and al-  
ways appear.

Do not make yourself stuck any-  
where,

The beautiful topic ends here.

Mohit kr. Chauhan - X

## Thought of the Month

"The beginning is the most  
important part of any work."

- Plato

## Paintings



Aman Yadav - X

## Colians' Gallery





## In This Issue

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## Colians' Quote

Your voice, your vision,  
your courage—that's how  
revolution begins, even  
in a classroom.

Yaksh Chouhan - VIII (B)

## Editors

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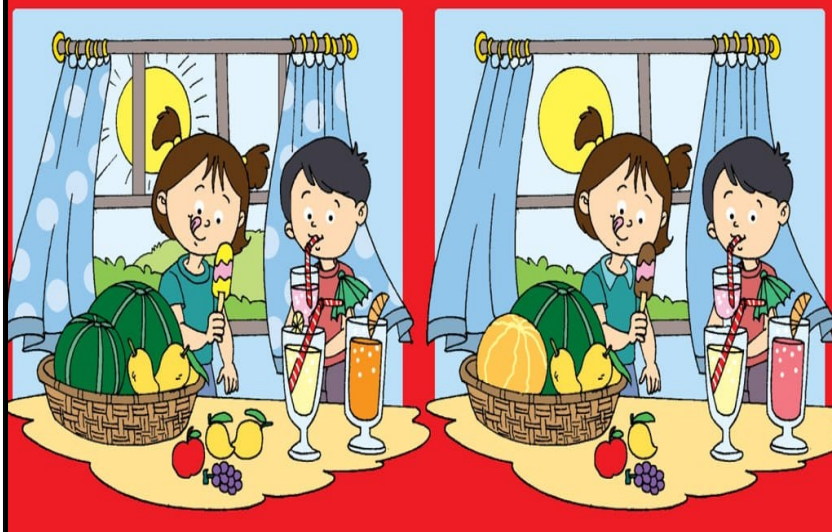
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Rohan Raj - VIII (B)

## Spot the difference



## FIND YOUR WAY OUT



## GENERAL TRIVIA

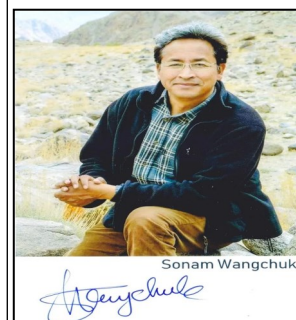
1. What infamous computer virus, release in 2000, spread through email with the subject 'I LOVE YOU'?
2. Which type of malware demands a ransom to unlock a victim's data?
3. What is the term for fake videos created using AI that swap someone's face or voice onto another person?
4. Which country has been repeatedly accused of using cyber attacks as a form of state-sponsored espionage?
5. Which dark web marketplace, shut down by the FBI in 2013, was known for illegal drug sales?

Answers : 1. The ILOVEYOU Virus, 2) Ransomsomware, 3) Deepfake, 4) Russia, 5) Silk Road.

## Root Words

Root	Meaning	Example of Derivations
Bio	Life	Biology (study of life), Biography (written life story)
Chron	Time	Chronology (study of time), Chronicle (records of events in time)

## From Reel to Real



Have you watched 3  
Idiots?

The film made us laugh,  
cry, and rethink how we  
learn. But few know that  
Rancho's character was  
inspired by a real-life  
innovator—Sonam  
Wangchuk from Ladakh.

Like Rancho,  
Wangchuk believes in  
learning by doing, not just  
by memorizing. He built  
SECMOL, a school where  
students fix real  
problems—without  
relying on gadgets or rote  
learning. He even invent-  
ed ice stupas to solve wa-  
ter crises in the moun-  
tains, using nature— not  
technology.

This month, as we  
unplug from screens, let's  
remember:

**wisdom doesn't always  
need Wi-Fi. Sometimes,  
the smartest ideas come  
from the simplest living.**

## I Don't Believe It!

- The Eiffel Tower can grow up to 15 cm taller during summer.
- Octopuses have three hearts.
- Bananas are berries, but strawberries are not.
- Sharks existed before trees.
- In the Gulf of Mexico, there's an underwater lake.
- A cockroach can live for days without its head.