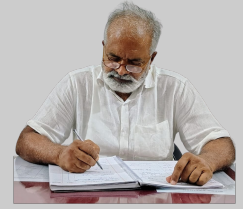


# Epochy

A monthly newsletter of Colonels Academy

## Colonel's Desk



As the academic session draws to a close, we reflect on a year of meaningful growth. The theme “**Being Human First**” reminds us that education is not only about achievements, but also about nurturing empathy, humility, and character. This spirit was reflected in vibrant moments—from the inspiration of **Foundation Day** and the cultural richness of **SPIC MACAY**, to the joyful celebrations of **Holi** and **Dandiya**. Events like the **Dadaji Art Festival** and the **Colonels Academy Talent Search Exam** revealed the creativity and potential of our students.

As we close this chapter, let us carry forward curiosity, compassion, and courage—remembering that true learning lies in living fully human.

**Regards,**  
**Col. Akshaya**

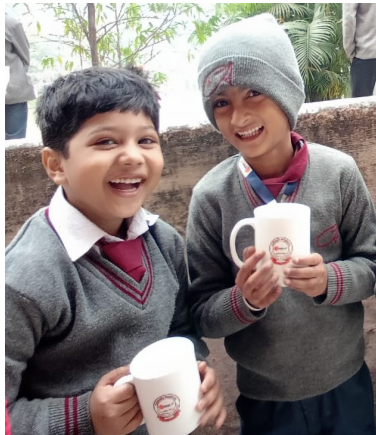
## Editor's Pen

This month, Epochy returns with a fresh new look! We hope our readers enjoy this vibrant layout as we continue to capture the spirit, creativity, and achievements of our school community. Each issue is meant to be a small collection of memorable moments, thoughtful ideas, and inspiring voices from our students.

We warmly encourage students to share their creativity by contributing articles, poems, artwork, and ideas to the Epochy Club. Your voice and imagination are what truly bring this platform to life.

With the enthusiastic participation of our students, the Epochy Magazine has also been published this year. Interested readers can purchase a copy from the club.

Let Epochy be a space where young minds express, create, and inspire. We eagerly look forward to many more contributions from our talented student community.



Meet the happy face -  
Siddhant & Abhiom (UKG)

### EMPATHY

#### Amrit Anand (VII-A)

Being human is to care and share,  
To help someone and always be fair.  
Not by wealth or power we stand,  
But by kindness in heart and helping hand.  
Being human first is the best role,  
It shows the goodness of our soul.



Aanya Jaiswal – (V)

### SPICMACAY Kathak Recital at Colonels Academy - 18 February 2026



On 18 February 2026, Colonels Academy organised a cultural programme in collaboration with SPIC MACAY to promote Indian classical arts among students.

The highlight of the event was a captivating Kathak performance by renowned dancer Rudra Shankar Mishra. He was accompanied by Uday Shankar Mishra on tabla and Raghavendra Sharma on vocals.

The programme introduced students to the beauty and discipline of Kathak and inspired them to appreciate India's rich cultural heritage.



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# A LEGACY CELEBRATED

Commemorating the Foundation Day of Colonels Academy, 10 February 2026—a celebration of vision growth and inspiration



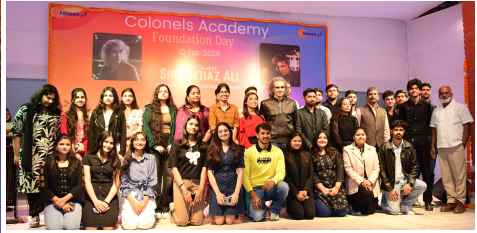
A warm welcome by Colonel Sir



Mr. Imtiaz Ali accompanied by Mr. Gurubachan and Mr. Nitin Gupta



Mr. Imtiaz Ali at Colonels Academy



With the Alumni.



A candid



Interaction with Students' Council



With the new Tenthies



Podcast with Saanvi and Sanskriti



Inauguration of J. Krishnamurti Amphitheatre



Little stars with Imtiaz Ali { Std. III, IV, V, VI, VII }



A portrait made by Taskheer (VIII-A)

*“OPTIMISM IS THE FAITH THAT LEADS TO ACHIEVEMENT” - Helen Keller*

## Colians' Quote

“Success is not final, failure is not fatal; it is the courage to continue that counts.”

Shristi – VIII (A)

## Root Words

PED (Latin)

Meaning – Foot

Example - Pedestrian

## Global Vocabulary

*Zeitgeist (German)*

The spirit of the time; the ideas and beliefs of a particular period.

*Ikigai (Japanese)*

A reason for being ; what gives life purpose and joy.

## HONOURING OUR FOUNDATION DAY—*Shreyashi Shrestha (X)*

Foundation Day was celebrated with great enthusiasm and joy this year. The occasion became even more special with the gracious presence of renowned film director Imtiaz Ali as the Chief Guest, whose visit brought pride and inspiration to the entire school community.

The programme began with the inauguration of the J. Krishnamurti Amphitheatre, marking a memorable milestone for the institution. This was followed by a warm welcome ceremony, during which members of the Student Council—including the School Captain, School Vice Captain, Adjutants, and Hostel Captain—were honoured for their leadership and dedication. One student from each class (V–VIII) was also awarded the “Pride of the Class” title for outstanding performance and positive attitude.

The cultural programme that followed showcased the talent and enthusiasm of the students through lively dances and impressive performances. Alumni speakers also shared their experiences, reflecting on how the school played a significant role in shaping their journeys. The celebration concluded with an inspiring address by Imtiaz Ali, whose sincere and humble words encouraged students to believe in themselves and pursue their passions with dedication. The day ended on a joyful note, leaving everyone with proud and unforgettable memories.

## General Trivia

1. India's deep ocean mission?
2. India's indigenous supercomputer project?
3. ISRO's Venus mission name?
4. First country to land on Moon's far side?
5. India's first indigenous aircraft carrier?
6. Organization releasing Global Hunger Index?
7. World's largest coral reef system?
8. India's 2015 space telescope?
9. First cloned endangered species (2020)?
10. India's GPS alternative navigation system?

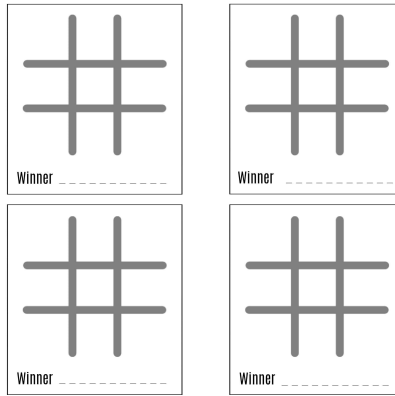
## Find Your Answers

1) AANYRAUDSAM, 2) RAPAM, 3) YAARNKUSH-1, 4) NACHI, 5) SRIN KRVAI, 6) FHELREHILGNETUWL, 7) GRITAE RABRREI FER, 8) STROASAAAT, 9) FCKLBA-TOOED TREFRE, 10) IVCAN

## Brain Teasers



## Noughts & Crosses



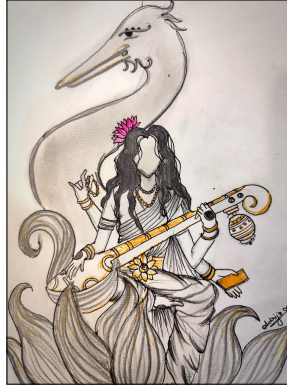
## Creative Canvas



Shivangi Ratnakar - VI (B)



Shristi - VI (B)



Adrija - X (A)



Aditya - VII (A)



Utkarsh R. Singh - VII (B)



Isha Sharma - (V)

## अभिव्यक्ति

### अपनी कीमत पहचानो

मरने से पहले एक पिता ने अपने बेटे को बुलाया और कहा, यह घड़ी तुम्हारे दादा ने मुझे दी थी। यह लगभग 200 साल पुरानी है। इसे तुम्हें देने से पहले तुम इसे एक ज्वेलरी की दुकान पर ले जाओ और देखो कि वे इसके बदले कितनी कीमत देते हैं।

बेटा ज्वेलरी की दुकान पर गया और लौटकर बोला,

उन्होंने 150 देने की बात कही, क्योंकि यह बहुत पुरानी है।

पिता ने कहा, ठीक है, अब इसे गिरवी रखने वाली दुकान (पॉन शॉप) में ले जाओ।

बेटा वहाँ गया और वापस आकर बोला, उन्होंने सिर्फ 10 देने को कहा, क्योंकि यह घड़ी बहुत घिसी-पिटी लगती है।

फिर पिता ने कहा, अब इसे एक संग्रहालय में लेकर जाओ और उन्हें दिखाओ।

बेटा संग्रहालय गया और थोड़ी देर बाद उत्साहित होकर लौटा।

उसने कहा, पिताजी, उन्होंने इसके लिए बहुत बड़ी कीमत देने की बात कही, क्योंकि यह एक दुर्लभ और प्राचीन घड़ी है।

पिता मुस्कराए और बोले,

मैं तुम्हें एक बात समझाना चाहता था। सही जगह ही किसी चीज़ की सही कीमत समझती है। अगर कहीं तुम्हारी कद्र नहीं हो रही है, तो गुस्सा मत करो। इसका मतलब है कि तुम गलत जगह पर हो। जो लोग तुम्हारी असली कीमत जानते हैं, वही तुम्हारी सराहना करेंगे।

**सीख:**

किसी के तुम्हारी कीमत न समझ पाने से

### KABIR KE DOHE

बुरा जो देखन मैं चला, बुरा न मिलिया कोय।  
जो दिल खोजा आपना, मुझसे बुरा न कोय॥

अर्थ- कबीर कहते हैं कि जब मैं इस दुनिया में बुराई खोजने गया, तो मुझे कुछ भी बुरा नहीं मिला और जब मैंने खुद के अंदर झाँका तो मुझसे खुद से ज्यादा बुरा कोई इंसान नहीं मिला।



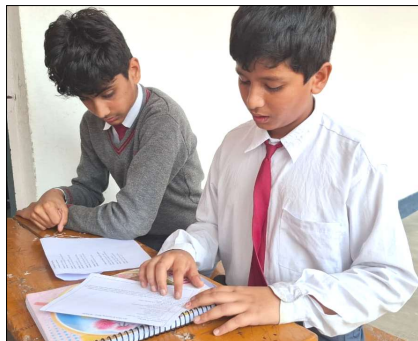
**To the Next Horizon**

These corridors knew your laughter and restless footsteps.  
 A little rebellious, brilliantly alive – you turned days into stories.  
 Friendship, mischief, and courage became your signature.  
 Now the road ahead opens wide and waiting.  
 Walk forward with fearless curiosity.  
 The world is vast – but so is the light you carry.

**The 1% Mindset**  
 by Arghadeep Saha

The idea of the 1% Mindset teaches us that true success does not come from luck or natural talent alone. It comes from consistent hard work, strong discipline, and the courage to take responsibility for our own lives. Great achievers such as Neeraj Chopra and Cristiano Ronaldo often highlight that excellence is built through relentless effort and determination. In today's world, many people look for shortcuts to success. However, meaningful achievements require dedication and perseverance. The 1% Mindset reminds us that valuable results are earned through daily effort and commitment. An important part of this mindset is choosing discipline over motivation. Motivation may come and go, but discipline ensures that we continue working even when we do not feel inspired. It is discipline that helps individuals stay focused on their goals. The concept also encourages people to look within themselves for purpose. Instead of constantly searching outside, one must realize that purpose grows through self-awareness, reflection, and action. By embracing hard work, discipline, and self-belief, anyone can develop the 1% Mindset and move closer to achieving their true potential.

**Campus in frames**



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**Theme for April  
 New Horizons**

"Send your creative contents to our email [caepochy@gmail.com](mailto:caepochy@gmail.com) or whatsapp at **7764006402** or connect directly with the Epochy Club to be featured!"